



**DEPARTMENT OF VETERANS AFFAIRS**  
Southern Arizona VA Health Care System  
Tucson, AZ 85723

In Reply Refer To: 678/13-119

**JUN 13 2013**

The Honorable Ron Barber  
United States Congressman  
3945 East Ft. Lowell, Suite 211  
Tucson, AZ 85712  
Attn: Patty Valera

I took my telephone out to try to get the VA to leave a paper trail in their communications with me. Instead of leaving a paper trail the VA choose that to not communicate with me and make it appear as my fault. As if there were no other mean of vcommuatiob. /As if paper trails communication

Dear Congressman Barber:

This is in response to your inquiry dated June 3, 2013, on behalf of Mr. Anthony Miner O'Connell, who contacted your office regarding his medication renewals from the Southern Arizona VA Health Care System (SAVAHCS). I asked Ms. Bernadette Schaeffer, Outpatient Pharmacy Program Manager to review your request.

In reviewing Mr. O'Connell's records it was determined that he does not have a telephone. Ms Schaeffer did contact his daughter Ms. Kate Simmons on June 7, 2013. Ms. Schaeffer confirmed that, Mr. O'Connell is receiving medications from the Consolidated Medication Outpatient Pharmacy and/or the SAVAHCS. He is also receiving medication from the Northern VA Health Care System (NAVAHCS). Ms Simmons was surprised that her father was still concerned about his prescriptions, as he had recently told her that he had resolved the issue. Ms. Schaeffer provided Ms. Simmons with her contact information if any issues with his medication arise.

The SAVAHCS strives to provide quality and compassionate care to all of our Veterans. We are very concerned with patient care and the satisfaction of the Veterans we serve. If you have any questions or concerns regarding this letter, please contact Ms. Bernadette Schaeffer at (520) 792-1450, extension 5394.

Sincerely,

Jonathan H. Gardner, MPA, FACHE  
Director  
Southern Arizona  
VA Health Care System

Why call my daughter in 900 miles away in San Francisco which makes it appear that the Director can't communicate with me? Why plant wedges between my daughter and me? Why use my daughter to make me look bad?  
Can we look at the evidence before judging? Can we follow the medicine trails and then judge if the medicine trails are true or if what Congressman Barber is being told is true?  
The medicines I received from SAVAHCS on May 9, 2013, and the medicines I received from NAVAHCS in three installments beginning on May 1, 2013, said "Refill 4 of 4" (or 5 of 5 in one case) and "Last Refill". But there was no fill 1, 2, or 3. The one fill is made to appear as if 4 fills were sent.

Director uses one party removed (Ms Shaffer) to plant conflict between veteran's daughter and veteran

asked you to look at it). I'll email you after I post it. I made it really simple.

I'm surprised that the big "0-refills75p" attachment of 1,975mb was apparently sent successfully(?). Did you get two attachments tonight? If you did I'm guessing that once I do a google bridge big attachments go automatically without my having to go through the bridge steps. But I don't know.

[Quoted text hidden]

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**Kate Simmons** <[ksimmons92270@yahoo.com](mailto:ksimmons92270@yahoo.com)>

Mon, Jun 24, 2013 at 12:08 AM

Reply-To: Kate Simmons <[ksimmons92270@yahoo.com](mailto:ksimmons92270@yahoo.com)>

To: Anthony OConnell <[anthonymineroconnell@gmail.com](mailto:anthonymineroconnell@gmail.com)>

The VA Called me on my cell phone to discuss patient Anthony O'Connell. The topic was Anthony O'Connell medications. They called me 2 times in a row, I answered the 2nd time while driving. The first ring from the number I did not pick up.

Bernadette asked me my relationship to O'Connell and I replied that I am his daughter. She then said it would help if he had a telephone and I said he does not have one and does not plan to get one.

Bernadette assured me he was receiving all medications and verified address in Green Valley with me. Bernadette thought he may be getting too much medication from 2 VA hospitals and could bleed out (To death) if this was the case.

I was driving unfortunately and said I could not stay on the phone as I could not pull over. She gave me her extension but I had no way to write it down.

Kate Simmons

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**From:** Anthony OConnell <[anthonymineroconnell@gmail.com](mailto:anthonymineroconnell@gmail.com)>

**To:** Kate Simmons [ksimmons92270@yahoo.com](mailto:ksimmons92270@yahoo.com) <[ksimmons92270@yahoo.com](mailto:ksimmons92270@yahoo.com)>

**Sent:** Sunday, June 23, 2013 11:25 PM

**Subject:** VA

[Quoted text hidden]

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**Kate Simmons** <[ksimmons92270@yahoo.com](mailto:ksimmons92270@yahoo.com)>

Mon, Jun 24, 2013 at 12:22 AM

Reply-To: Kate Simmons <[ksimmons92270@yahoo.com](mailto:ksimmons92270@yahoo.com)>

To: Anthony OConnell <[anthonymineroconnell@gmail.com](mailto:anthonymineroconnell@gmail.com)>

yes, I did receive both attachments without a problem

Kate Simmons

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**From:** Anthony OConnell <[anthonymineroconnell@gmail.com](mailto:anthonymineroconnell@gmail.com)>

**To:** Kate Simmons <[ksimmons92270@yahoo.com](mailto:ksimmons92270@yahoo.com)>

**Sent:** Monday, June 24, 2013 12:05 AM

**Subject:** Re: VA

[Quoted text hidden]

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**Kate Simmons** <[ksimmons92270@yahoo.com](mailto:ksimmons92270@yahoo.com)>

Mon, Jun 24, 2013 at 2:11 PM

Reply-To: Kate Simmons <[ksimmons92270@yahoo.com](mailto:ksimmons92270@yahoo.com)>

To: Anthony OConnell <[anthonymineroconnell@gmail.com](mailto:anthonymineroconnell@gmail.com)>

Tony, I also remember she said she mailed the meds to the address in Green Valley, and she was surprised you did



Anthony OConnell <anthonymineroconnell@gmail.com>

May9

6 messages

Anthony OConnell <anthonymineroconnell@gmail.com>  
To: Kate Simmons ksimmons92270 <ksimmons92270@yahoo.com>

Mon, Jun 24, 2013 at 2:26 PM

Kate,

I'm sorry the VA brought you into this.

Is the VA caller referring to the May 9 delivery I describe in <http://www.stoppedmedicine.com> that was done outside the system?

Tony

Kate Simmons <ksimmons92270@yahoo.com>  
Reply-To: Kate Simmons <ksimmons92270@yahoo.com>  
To: Anthony OConnell <anthonymineroconnell@gmail.com>

Mon, Jun 24, 2013 at 2:44 PM

I do not mind at all but I would like you to get the medicine you need.  
If I can help let me know.

Sorry, the conversation on my phone is hard to know, it was so short and I was driving. The gist was this - she was saying they are sending the meds to you, and she verified your address...not sure why you are not receiving them.

Kate Simmons

From: Anthony OConnell <anthonymineroconnell@gmail.com>  
To: Kate Simmons ksimmons92270 <ksimmons92270@yahoo.com>  
Sent: Monday, June 24, 2013 2:26 PM  
Subject: May9

This plants wedges between me and my daughter.

Kate,

I'm sorry the VA brought you into this.

Is the VA caller referring to the May 9 delivery I describe in <http://www.stoppedmedicine.com/> that was done outside the system?

Tony

Kate Simmons <ksimmons92270@yahoo.com>  
Reply-To: Kate Simmons <ksimmons92270@yahoo.com>  
To: Anthony OConnell <anthonymineroconnell@gmail.com>

Mon, Jun 24, 2013 at 3:19 PM

Kate Simmons  
411 Myra Way  
San Francisco, CA 94127  
September 18, 2013

Director Jonathan Gardner  
Southern Arizona VA Health Care System (SAVAHCS)  
3601 South 6th Avenue  
Tucson, AZ 85723

Reference: Telephone call of June 7, 2013, concerning Anthony OConnell, last four 7637

Dear Director Gardner,

I am trying to remember a telephone call I received from your office on June 7, 2013: I was driving in traffic and was distracted. Would you please tell me the purpose and content of the call? If you recorded it please send me a transcript.

**If you contact me again concerning Anthony O'Connell please do it by letter with a copy to Anthony O'Connell, and not by telephone. Thank you.**

Sincerely,

Kate Simmons



Copy to:  
Anthony O'Connell  
439 South Vista Del Rio  
Green Valley, AZ 85614

I don't understand why the Director refused to do as my daughter Kate Simmons asked.

# 1 Fill 2 VAs

I could not request my medicines through the VA web site because the "0 Refills Remaining" status would not allow it and my direct requests to the Director and the Pharmacist did not get a response. Then, without explanation, two VA's sent me medicine for 1 fill.

VA 1, the Tucson VA, sent me medicine on May 9, 2013. The bottles read "Last Refill" and "Fill: 4 of 4", and the enclosed refill request forms read "No Refills Remaining" and "Fill: 4 of 4". This means the first fill is the last fill. Only 1 fill is sent but the "Refill: 4 of 4" makes it appear as if 4 fills were sent.

VA 2, the Prescott VA, started sending me medicine on May 1, 2013. It was sent in three parts: on May 1, June 17, and on June 28, 2013. The bottles read "Last Refill" and "Fill: 4 of 4" or "Fill: 5 of 5", and the enclosed refill request forms read "No Refills Remaining" and "Refill: 4 of 4" or "Refill: 5 of 5". This means the first fill is the last fill. Only 1 fill is sent but the "Refill: 4 of 4" or "Refill: 5 of 5" makes it appear as if 4 or 5 fills were sent.

What is the intent of sending 1 fill but making it appear as if 4 or 5 fills were sent? Is it a coincidence that two VA's did this? For the same period?

# 1 Fill VA 1

Tucson VA (SAVAHCS)

VA 1, the Tucson VA, sent me medicine on May 9, 2013. All the bottles say "Provider: Schmeling R.". R. Schmeling is my current primary care provider.

The bottles also say "Last Refill" and "Fill: 4 of 4" and all the enclosed refill request forms say "No Refills Remaining" and "Fill: 4 of 4". This means the first fill is the last fill. Only 1 fill is sent but the "Refill: 4 of 4" makes it appear as if 4 fills were sent.

The VA web site shows there are 0 refills remaining on May 6 and 0 refills remaining on July 1. It is not possible for 4 refills of 90 days each to occur in the 56 days between May 6 and July 1.

What is the intent of sending 1 fill but making it appear as if 4 fills were sent?



**Refill Prescription Information  
(Active Prescriptions of ANTHONY OCONNELL)**

It is not possible for 4 refills of 90 days each to occur in the 56 days between May 6 and July 1. Only 1 fill is sent but it is made to appear as if 4 fills were sent.

Last updated [05/06/2013 at 1633]

[Help](#)

Refill Status	Refill Submit Date	Fill Date	Refills Remaining	Prescription	Facility
Refill in Process	4/12/2013	7/14/2013	0	RX#1356424G FINASTERIDE 5MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Refill in Process	4/17/2013	7/5/2013	2	RX#2070495 WARFARIN NA 1MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Refill in Process	3/22/2013	6/21/2013	0	RX#4973800 DIGOXIN 0.25 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Refill in Process	3/22/2013	6/21/2013	0	RX#4973802 FINASTERIDE 5 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Refill in Process	3/22/2013	6/21/2013	0	RX#4973804 METOPROLOL 25 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Refill in Process	3/22/2013	6/21/2013	0	RX#4973808 TAMSULOSIN 0.4 MG CAP	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Refill in Process	3/22/2013	6/20/2013	0	RX#1590368D DIGOXIN 0.25MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Refill in Process	3/22/2013	6/20/2013	0	RX#1590369D SIMVASTATIN 80MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Active	3/13/2013	5/5/2013	0	RX#1458765E BUPROPION HCL 150MG 12HR SA TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Active	12/20/2012	2/20/2013	0	RX#1615979D LORATADINE 10MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION

SOUTHERN AZ VA HCS, AZ 85723-0001 Ph: (800) 470-6262  
678  
Provider: SCHMELING R.  
RX# 4973802  
ANTHONY MINER OCONNELL  
TAKE ONE TABLET BY MOUTH EVERY DAY FOR ENLARGED PROSTATE  
NDC #: 00093-7355-56 Discard after 11/28/2013  
Qty: 30 of 90 Last Refill  
FINASTERIDE 5MG TAB  
Blue Oblong tablet, 93 / 7355

SOUTHERN AZ VA HCS, AZ 85723-0001 Ph: (800) 470-6262  
678  
Provider: SCHMELING R.  
RX# 4973802 5/9/2013  
ANTHONY MINER OCONNELL  
TAKE ONE TABLET BY MOUTH EVERY DAY FOR ENLARGED PROSTATE  
NDC #: 00093-7355-56 Discard after 11/28/2013  
Qty: 90 of 90 Last Refill  
FINASTERIDE 5MG TAB  
Blue Oblong tablet, 93 / 7355

SOUTHERN AZ VA HCS, AZ 85723-0001 Ph: (800) 470-6262  
678  
Provider: SCHMELING R.  
RX# 4973802 5/9/2013  
ANTHONY MINER OCONNELL  
TAKE ONE TABLET BY MOUTH EVERY DAY FOR ENLARGED PROSTATE  
NDC #: 00093-7355-56 Discard after 11/28/2013  
Qty: 90 of 90 Last Refill  
FINASTERIDE 5MG TAB  
Blue Oblong tablet, 93 / 7355

Last Refill  
Fill 4 of 4

SOUTHERN AZ VA HCS, TUCSON, AZ 85723-0001 Ph: (800) 470-6262  
678  
Provider: SCHMELING R.  
RX# 4973800  
ANTHONY MINER OCONNELL  
TAKE ONE TABLET BY MOUTH EVERY DAY FOR ENLARGED PROSTATE  
NDC #: 00173-0249-75 Discard After 11/28/2013  
Qty: 90 of 90 Last Refill  
DIGOXIN (LANOXIN) TABLETS  
SCORED ROUND WHITE

SOUTHERN AZ VA HCS, TUCSON, AZ 85723-0001 Ph: (800) 470-6262  
678  
Provider: SCHMELING R.  
RX# 4973808 05/09/2013  
ANTHONY MINER OCONNELL  
TAKE ONE CAPSULE BY MOUTH EVERY DAY ONE-HALF HOUR AFTER THE SAME MEAL FOR PROSTATE  
NDC #: 00228-2996-50 Discard After 11/28/2013  
Qty: 90 of 90 Last Refill  
TAMSULOSIN HCL 0.4MG CAP  
Green/ Orange Cap w/ black stripes, TSL04

SOUTHERN AZ VA HCS, AZ 85723-0001 Ph: (800) 470-6262  
678  
Provider: SCHMELING R.  
RX# 4973804  
ANTHONY MINER OCONNELL  
TAKE ONE TABLET BY MOUTH EVERY DAY FOR ENLARGED PROSTATE  
NDC #: 67544-0567-80 Discard After 11/28/2013  
Qty: 180 of 180 Last Refill  
METOPROLOL TARTRATE  
White Round Scored Tablet, M 180

Provider: Schmeling R.  
[Bottles dated] 05/09/2013

**NO REFILLS REMAINING.**

**\* Refill Request Form \***

ANTHONY MINER OCONNELL  
DIGOXIN (LANOXIN) 0.25MG TAB

Rx# 4973800 Provider: SCHMELING R.

Date: 05/09/2013 **05/09/2013**

TAKE ONE TABLET BY MOUTH EVERY DAY FOR HEART RATE



SOUTHERN AZ VA HCS  
3601 S. 6TH AVE (13-119)  
TUCSON, AZ 85723-0001  
(800) 470-8262

The first fill is the last fill. Only 1 fill is sent  
but it is made to appear as if 4 fills were sent.

Qty: 90

Fill: (4of4)

NO COPAY

Days Supply: 90

Last Fill Date: Oct 05, 2013



**NO REFILLS REMAINING.**

**\* Refill Request Form \***

ANTHONY MINER OCONNELL  
FINASTERIDE 5MG TAB

Rx# 4973802 Provider: SCHMELING R.

Date: 05/09/2013 **05/09/2013**

TAKE ONE TABLET BY MOUTH EVERY DAY FOR ENLARGED PROSTATE



SOUTHERN AZ VA HCS  
3601 S. 6TH AVE (13-119)  
TUCSON, AZ 85723-0001  
(800) 470-8262

The first fill is the last fill. Only 1 fill is sent  
but it is made to appear as if 4 fills were sent.

Qty: 90

Fill: (4of4)

NO COPAY

Days Supply: 90

Last Fill Date: Oct 05, 2013



**NO REFILLS REMAINING.**

**\* Refill Request Form \***

ANTHONY MINER OCONNELL  
TAMSULOSIN HCL 0.4MG CAP

Rx# 4973808 Provider: SCHMELING R.

Date: 05/09/2013

TAKE ONE CAPSULE BY MOUTH EVERY DAY (TAKE ONE-HALF HOUR AFTER THE SAME MEAL EACH DAY) - FOR PROSTATE



SOUTHERN AZ VA HCS  
3601 S. 6TH AVE (13-119)  
TUCSON, AZ 85723-0001  
(800) 470-8262

The first fill is the last fill. Only 1 fill is sent  
but it is made to appear as if 4 fills were sent.

Qty: 90

Fill: (4of4)

NO COPAY

Days Supply: 90

Last Fill Date: Oct 05, 2013



**NO REFILLS REMAINING.**

**\*Refill Request Form\***

ANTHONY MINER OCONNELL  
TAMSULOSIN HCL 0.4MG CAP

Rx# 4973808

Provider: SCHMELING R.

Date: 05/09/2013

TAKE ONE CAPSULE BY MOUTH EVERY DAY (TAKE ONE HALF HOUR AFTER THE SAME MEAL EACH DAY) - FOR PROSTATE



SOUTHERN AZ VA HCS  
3601 S. 6TH AVE (13-119)  
TUCSON, AZ 85723-0001  
(800) 470-8262

Qty: 90

Fill: (4of4)

NO COPAY

Days Supply: 90

Last Fill Date: Oct 05, 2013



**NO REFILLS REMAINING.**

**\*Refill Request Form\***

ANTHONY MINER OCONNELL  
METOPROLOL TARTRATE 25MG TAB

Rx# 4973804

Provider: SCHMELING R.

Date: 05/09/2013 **05/09/2013**

TAKE ONE TABLET BY MOUTH EVERY 12 HOURS FOR HEART AND BLOOD PRESSURE



SOUTHERN AZ VA HCS  
3601 S. 6TH AVE (13-119)  
TUCSON, AZ 85723-0001  
(800) 470-8262

The first fill is the last fill. Only 1 fill is sent but it is made to appear as if 4 fills were sent.

Qty: 180

Fill: (4of4)

NO COPAY

Days Supply: 90

Last Fill Date: Oct 05, 2013



**Change of Address Form**

Fill out if address has changed.

ANTHONY MINER OCONNELL

Address On File:

439 S VISTA DEL RIO  
GREEN VALLEY, AZ 85614

**Signature is required to process address change.**

Street Line 1 \_\_\_\_\_

Street Line 2 \_\_\_\_\_

Street Line 3 \_\_\_\_\_

Street Line 4 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Country \_\_\_\_\_

Zip code + 4 \_\_\_\_\_

Phone \_\_\_\_\_

( ) Permanent

( ) Temporary Until \_\_\_\_\_

Signature \_\_\_\_\_

SOUTHERN AZ VA HCS



Refill Prescription Information  
(Active Prescriptions of ANTHONY OCONNELL)

It is not possible for 4 refills of 90 days each to occur in the 56 days between May 6 and July 1. Only 1 fill is sent but it is made to appear as if 4 fills were sent.

Last updated [07/01/2013 at 0616]

Help

Refill Status	Refill Submit Date	Fill Date	Refills Remaining	Prescription	Facility
Active	4/12/2013	7/14/2013	0	RX#1356424G FINASTERIDE 5MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Active	4/17/2013	7/5/2013	2	RX#2070495 WARFARIN NA 1MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Active	3/22/2013	6/20/2013	0	RX#1590368D DIGOXIN 0.25MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Active	3/22/2013	6/20/2013	0	RX#1590369D SIMVASTATIN 80MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Active	3/22/2013	5/8/2013	0	RX#4973800 DIGOXIN 0.25 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Active	3/22/2013	5/8/2013	0	RX#4973802 FINASTERIDE 5 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Active	3/22/2013	5/8/2013	0	RX#4973804 METOPROLOL 25 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Active	3/22/2013	5/8/2013	0	RX#4973808 TAMSULOSIN 0.4 MG CAP	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Active	3/13/2013	5/5/2013	0	RX#1458765E BUPROPION HCL 150MG 12HR SA TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Active	12/20/2012	2/20/2013	0	RX#1615979D LORATADINE 10MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION

Date on bottle

5/9/13

5/9/13

5/9/13

5/9/13

# 1 Fill VA 2

Prescott VA (NAVAHCS)

VA 2, the Prescott VA, sent me medicine on May 1, June 17, and June 28, 2013. All the bottles say "Provider: Nanson J.". Nanson J. was my previous primary care provider.

The bottles also say "Last Refill" and "Fill: 4 of 4" or "Fill: 5 of 5", and the enclosed refill request forms say "No Refills Remaining" and "Refill: 4 of 4" or "Refill: 5 of 5. This means the first fill is the last fill. Only 1 fill is sent but the "Refill: 4 of 4" or "Refill: 5 of 5" makes it appear as if 4 or 5 fills were sent.

The VA web site shows there are 0 refills remaining on May 6 and 0 refills remaining on July 1. It is not possible for 4 fills of 90 days each or 5 refills of 60 days each to occur in the 56 days between May 6 and July 1.

What is the intent of sending 1 fill but making it appear as if 4 or 5 fills were sent?

(Comment: I did not print out the refill status just before May 1 because the status can only be printed out the day it is given. I received the medicine dated May 1 after May 1: no notification or explanation was given.: and It took me some time to realize that I should try to protect myself from a frame up by printing out the refill status each day.)



**Refill Prescription Information  
(Active Prescriptions of ANTHONY OCONNELL)**

It is not possible for 4 fills of 90 days each or 5 fills of 60 days each to occur in the 56 days between May 6 and July 1. Only 1 fill is sent but it is made to appear as if 4 or 5 fills were sent.

Last updated [05/06/2013 at 1633]

[Help](#)

Refill Status	Refill Submit Date	Fill Date	Refills Remaining	Prescription	Facility
Refill in Process	4/12/2013	7/14/2013	0	RX#1356424G FINASTERIDE 5MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Refill in Process	4/17/2013	7/5/2013	2	RX#2070495 WARFARIN NA 1MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Refill in Process	3/22/2013	6/21/2013	0	RX#4973800 DIGOXIN 0.25 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Refill in Process	3/22/2013	6/21/2013	0	RX#4973802 FINASTERIDE 5 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Refill in Process	3/22/2013	6/21/2013	0	RX#4973804 METOPROLOL 25 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Refill in Process	3/22/2013	6/21/2013	0	RX#4973808 TAMSULOSIN 0.4 MG CAP	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION
Refill in Process	3/22/2013	6/20/2013	0	RX#1590368D DIGOXIN 0.25MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Refill in Process	3/22/2013	6/20/2013	0	RX#1590369D SIMVASTATIN 80MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Active	3/13/2013	5/5/2013	0	RX#1458765E BUPROPION HCL 150MG 12HR SA TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION
Active	12/20/2012	2/20/2013	0	RX#1615979D LORATADINE 10MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION



Without explanation, I started to receive medicine from VA Prescott's Dr Nanson on May 1, 2013.

I don't remember receiving any medicine from Dr Nanson since he stopped being my primary care provider around September of 2012.

Last Refill  
Fill 5 of 5

Provider: Nanson J.  
[Bottle dated] 05/01/2013

**NO REFILLS REMAINING.**

**\* Refill Request Form \***

**ANTHONY MINER OCONNELL  
BUPROPION HCL 150MG 12HR SA TAB**

Rx# 1458765E

Provider: NANSON J.

Date: 05/01/2013

TAKE ONE TABLET BY MOUTH TWICE A DAY FOR DEPRESSION



PRESCOTT NAVAHCS(119  
500 HIGHWAY 89 NORTH  
PRESCOTT, AZ 86313-5001  
(800) 949-1005 X 9

The first fill is the last fill. Only 1 fill is sent but it is made to appear as if 5 fills were sent.

Qty: 120

Fill: (5of5)

NO COPAY

Days Supply: 60

Last Fill Date: Aug 14, 2013



**Change of Address Form**

Fill out if address has changed.

**ANTHONY MINER OCONNELL**

Address On File:

**439 SOUTH VISTA DEL RIO  
GREEN VALLEY, AZ 85614**

**Signature is required to process address change.**

Street Line 1 \_\_\_\_\_

Street Line 2 \_\_\_\_\_

Street Line 3 \_\_\_\_\_

Street Line 4 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Country \_\_\_\_\_

Zip code + 4 \_\_\_\_\_ - \_\_\_\_\_

Phone \_\_\_\_\_

( ) Permanent

( ) Temporary Until \_\_\_\_\_

Signature \_\_\_\_\_

PRESCOTT NAVAHCS(119  
500 HIGHWAY 89 NORTH  
PRESCOTT, AZ 86313-5001  
(800) 949-1005 X 9

**PRESCRIBED MEDICAL INFORMATION**

**Medication: BUPROPION HCL 150MG 12HR SA TAB**

**May cause drowsiness and dizziness. Alcohol may intensify this effect. Use care when operating a car or dangerous machines.**

**Swallow whole. Do not chew or crush.**

**IMPORTANT: HOW TO USE THIS INFORMATION:** This is a summary and does NOT have all possible information about this product. This information does not assure that this product is safe, effective, or appropriate for you.

This information is not individual medical advice and does not substitute for the advice of your health care professional. Always ask your health care professional for complete information about this product and your specific health needs.

**BUPROPION SUSTAINED-RELEASE (ANTIDEPRESSANT) - ORAL (bue-PROE-pee-on)**

**COMMON BRAND NAME(S): Wellbutrin SR**

**WARNING:** Bupropion is an antidepressant used for smoking cessation and to treat a variety of conditions, including depression and other mental/mood disorders. Antidepressants can help prevent suicidal thoughts/attempts and provide other important benefits. However, a small number of people (especially people younger than 25) who take antidepressants for any condition may experience new or worsening depression, other mental/mood symptoms, or suicidal thoughts/attempts. Therefore, it is very important to talk with the doctor

PRESCOTT NAVAHCS(119, PRESCOTT, AZ 86313-5001 Ph: (800) 949-1005 X9  
Provider: NANSON J.  
# 1590368D 06/17/2013  
**ANTHONY MINER OCONNELL**  
TAKE ONE TABLET BY MOUTH EVERY DAY  
# 00173-0249-75 Discard After: 06/17/2014  
90 of 90 Last Refill  
**LANOXIN (LANOXIN) 0.25MG TAB**  
ROUNDED ROUND WHITE TAB, LANOXIN/UCB

PRESCOTT NAVAHCS(119, AZ 86313-5001 Ph: (800) 949-1005 X9  
Provider: NANSON J.  
# 1590369D 6/17/2013  
**ANTHONY MINER OCONNELL**  
TAKE ONE TABLET BY MOUTH AT BEDTIME FOR  
ESTEROL \*\*\* DO NOT TAKE WITH GRAPEFRUIT  
# 24458-0304-90 Discard after 06/17/2014  
90 of 90 Last Refill Fill 4 of 4  
**ROSTATIN 80MG TAB**  
Rounded Tablet, B 304 / 80  
211-409018

Last Refill  
Fill 4 of 4

Provider: Nanson J.  
[Bottles dated] 06/17/2013

**NO REFILLS REMAINING.**

**\*Refill Request Form\***

ANTHONY MINER OCONNELL  
DIGOXIN (LANOXIN) 0.25MG TAB

Rx# 1590368D      Provider: NANSON J.  
Date: 06/17/2013



TAKE ONE TABLET BY MOUTH EVERY DAY FOR HEART

The first fill is the last fill. Only 1 fill is sent  
but it is made to appear as if 4 fills were sent.

PRESCOTT NAVAHCS(119  
500 HIGHWAY 89 NORTH  
PRESCOTT, AZ 86313-5001  
(800) 949-1005 X 9

Qty: 90      **Fill: (4of4)**  
NO COPAY      Days Supply: 90  
Last Fill Date: Aug 14, 2013



**NO REFILLS REMAINING.**

**\*Refill Request Form\***

ANTHONY MINER OCONNELL  
SIMVASTATIN 80MG TAB

Rx# 1590369D      Provider: NANSON J.  
Date: 06/17/2013



TAKE ONE TABLET BY MOUTH AT BEDTIME FOR CHOLESTEROL \*\* \*\* DO NOT TAKE  
WITH GRAPEFRUIT JUICE \*\*

The first fill is the last fill. Only 1 fill is sent  
but it is made to appear as if 4 fills were sent.

PRESCOTT NAVAHCS(119  
500 HIGHWAY 89 NORTH  
PRESCOTT, AZ 86313-5001  
(800) 949-1005 X 9

Qty: 90      **Fill: (4of4)**  
NO COPAY      Days Supply: 90  
Last Fill Date: Aug 14, 2013



**Change of Address Form**

Fill out if address has changed.

ANTHONY MINER OCONNELL

Address On File:  
439 SOUTH VISTA DEL RIO  
GREEN VALLEY, AZ 85614

**Signature is required to process address change.**

Street Line 1 \_\_\_\_\_  
Street Line 2 \_\_\_\_\_  
Street Line 3 \_\_\_\_\_  
Street Line 4 \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Country \_\_\_\_\_  
Zip code + 4 \_\_\_\_\_  
Phone \_\_\_\_\_  
( ) Permanent  
( ) Temporary Until \_\_\_\_\_

Signature \_\_\_\_\_

PRESCOTT NAVAHCS(119



Last Refill  
Fill 4 of 4

Provider: Nanson J.  
[Bottle dated] 06/28/2013

**NO REFILLS REMAINING.**

**\* Refill Request Form \***

ANTHONY MINER OCONNELL

FINASTERIDE 5MG TAB

Rx# 1356424G

Provider: NANSON J.

Date: 06/28/2013

TAKE ONE TABLET BY MOUTH EVERY DAY FOR PROSTATE



The first fill is the last fill. Only 1 fill is sent but it is made to appear as if 4 fills were sent.

PRESCOTT NAVAHCs(119  
500 HIGHWAY 89 NORTH  
PRESCOTT, AZ 86313-5001  
(800) 949-1005 X 9

Qty: 90

Fill: (4of4)

NO COPAY

Days Supply: 90

Last Fill Date: Aug 14, 2013



**Change of Address Form**

Fill out if address has changed.

ANTHONY MINER OCONNELL

Address On File:

439 SOUTH VISTA DEL RIO  
GREEN VALLEY, AZ 85614

Signature is required to process address change.

Street Line 1 \_\_\_\_\_

Street Line 2 \_\_\_\_\_

Street Line 3 \_\_\_\_\_

Street Line 4 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Country \_\_\_\_\_

Zip code + 4 \_\_\_\_\_ - \_\_\_\_\_

Phone \_\_\_\_\_

( ) Permanent

( ) Temporary Until \_\_\_\_\_

Signature \_\_\_\_\_

PRESCOTT NAVAHCs(119  
500 HIGHWAY 89 NORTH  
PRESCOTT, AZ 86313-5001  
(800) 949-1005 X 9

**PRESCRIBED MEDICAL INFORMATION**  
Medication: FINASTERIDE 5MG TAB

**Warning: Do not use if you are pregnant, suspect that you are pregnant, or while breastfeeding. Consult your doctor or pharmacist.**

**If this medication is crushed prior to administration, it must not be handled by women who are pregnant or who may become pregnant.**

**Pregnant women should avoid contact with this medication.**

**This medicine may be taken with or without food.**

**IMPORTANT: HOW TO USE THIS INFORMATION:** This is a summary and does NOT have all possible information about this product. This information does not assure that this product is safe, effective, or appropriate for you. This information is not individual medical advice and does not substitute for the advice of your health care professional. Always ask your health care professional for complete information about this product and your specific health needs.

FINASTERIDE - ORAL (fin-AS-ter-ide)  
COMMON BRAND NAME(S): Proscar



It is not possible for 4 fills of 90 days each or 5 fills of 60 days each to occur in the 56 days between May 6 and July 1. Only 1 fill is sent but it is made to appear as if 4 or 5 fills were sent.

Refill Prescription Information (Active Prescriptions of ANTHONY OCONNELL)

Last updated [07/01/2013 at 0616]

Help

Date on bottle

Refill Status	Refill Submit Date	Fill Date	Refills Remaining	Prescription	Facility	Date on bottle
Active	4/12/2013	7/14/2013	0	RX#1356424G FINASTERIDE 5MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION	6/28/13
Active	4/17/2013	7/5/2013	2	RX#2070495 WARFARIN NA 1MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION	
Active	3/22/2013	6/20/2013	0	RX#1590368D DIGOXIN 0.25MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION	6/17/13
Active	3/22/2013	6/20/2013	0	RX#1590369D SIMVASTATIN 80MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION	6/17/13
Active	3/22/2013	5/8/2013	0	RX#4973800 DIGOXIN 0.25 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION	
Active	3/22/2013	5/8/2013	0	RX#4973802 FINASTERIDE 5 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION	
Active	3/22/2013	5/8/2013	0	RX#4973804 METOPROLOL 25 MG TAB	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION	
Active	3/22/2013	5/8/2013	0	RX#4973808 TAMSULOSIN 0.4 MG CAP	SOUTHERN ARIZONA HEALTH CARE SYSTEM - TUCSON DIVISION	
Active	3/13/2013	5/5/2013	0	RX#1458765E BUPROPION HCL 150MG 12HR SA TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION	5/1/13
Active	12/20/2012	2/20/2013	0	RX#1615979D LORATADINE 10MG TAB	NORTHERN ARIZONA HEALTH CARE SYSTEM - PRESCOTT DIVISION	

## 1 fill not 4 fills from 2 VAs

The only way to find out where medicine went is to follow the medicine trails. There is no other way. If the medicine trails can't be followed something is wrong. If something is used to divert attention from the medicine trails such as character assassinations something is wrong. It has been my experience that character assassinations prevail.

My medicine from the VA was stopped without explanation. Then, without explanation, two VA's sent me medicine:

VA 1 (SAVAHCS) sent me medicine on May 9, 2013.

VA 2 (NAVAHCS) started sending me medicine on May 1, 2013. It was sent in three parts: on May 1, June 17, and June 28, 2013.

All the bottles and all the enclosed refill requests forms from both VAs read "Refill 4 of 4" (except one which read "Refill 5 of 5").

But I did not receive a fill 1 of 4, 2 of 4, or 3 of 4 of any of these medicines. Why does it appear as if 4 fills were sent when only 1 fill was sent? Can we follow the medicine trails before any more judgments are made?

### Timeline

June 3, 2013

Congressman Ron Barber writes Director Gardner of VA 1 about my medicine.

June 7, 2013

Director Gardner's assistant Bernadette Schaeffer calls my daughter Kate Simmons in California and tells her that she thought I was getting so much medicine from two VAs that she is concerned that I will bleed to death:

"Bernadette [Schaeffer] thought he may be getting too much medicine from 2 VAs that he could bleed out (To death) if this was the case"

(From Kate Simmons email of June 24, 2013, to Anthony OConnell. Kate is trying to remember what she was told in the June 7th telephone call)

June 13, 2013

Director Gardner writes Congressman Ron Barber:

"In reviewing Mr. O'Connell's records it was determined that he does not have a telephone. Ms Schaeffer did contact his daughter Ms. Kate Simmons on June 7, 2013. Ms. Schaeffer confirmed that, Mr. O'Connell is receiving medications from the Consolidated Medication Outpatient Pharmacy and/or the SAVAHCS. He is also receiving medication from the Northern VA Health Care System (NAVAHCS).

(From Director Gardner's letter of June 13, 2013, to Congressman Ron Barber)



**DEPARTMENT OF VETERANS AFFAIRS**  
Southern Arizona VA Health Care System  
Tucson, AZ 85723

In Reply Refer To: 678/13-119

**JUN 13 2013**

The Honorable Ron Barber  
United States Congressman  
3945 East Ft. Lowell, Suite 211  
Tucson, AZ 85712  
Attn: Patty Valera

Dear Congressman Barber:

This is in response to your inquiry dated June 3, 2013, on behalf of Mr. Anthony Miner O'Connell, who contacted your office regarding his medication renewals from the Southern Arizona VA Health Care System (SAVAHCS). I asked Ms. Bernadette Schaeffer, Outpatient Pharmacy Program Manager to review your request.

In reviewing Mr. O'Connell's records it was determined that he does not have a telephone. Ms Schaeffer did contact his daughter Ms. Kate Simmons on June 7, 2013. Ms. Schaeffer confirmed that, Mr. O'Connell is receiving medications from the Consolidated Medication Outpatient Pharmacy and/or the SAVAHCS. He is also receiving medication from the Northern VA Health Care System (NAVAHCS). Ms Simmons was surprised that her father was still concerned about his prescriptions, as he had recently told her that he had resolved the issue. Ms. Schaeffer provided Ms. Simmons with her contact information if any issues with his medication arise.

1 fill VA 1

1 fill VA 2

The SAVAHCS strives to provide quality and compassionate care to all of our Veterans. We are very concerned with patient care and the satisfaction of the Veterans we serve. If you have any questions or concerns regarding this letter, please contact Ms. Bernadette Schaeffer at (520) 792-1450, extension 5394.

Sincerely,

A handwritten signature in black ink, appearing to be "JHG", written over a circular scribble.

Jonathan H. Gardner, MPA, FACHE  
Director  
Southern Arizona  
VA Health Care System